



SACHETS

NO.	RAW MATERIAL		% RDA
1	COLLEGEN PEPTIDE, CHONDROITIN SULPHATE	Clear size after fold - 70 mm x 105 mm	
	ENERGY	36 K CAL	30
	PROTEIN	9 GM	15
	CARBOYDRATES	0.0 GM	0
	SUGAR	0.0 GM	0
	FAT	0.0 GM	0
	COLLAGEN PEPTIDES TYPE I	10 GM	*
	CHONDROITIN SULPHATE SODIUM	200 MG	*
	SODIUM HYLURONATE	30 MG	*
	VITAMIN C	12.5 MG	12
	% RDA calculated as per ICMR guideline sedentary female, # To meet condition specific requirement, * no RDA established		
2	L-ARGININE, ZINC & FOLIC ACID SACHET - Oral	Clear size after fold - 70 mm x 105 mm	% RDA
	L-ARGININE	3.0 GM	*
	ZINC SULPHATE MONOHYDRATE EQ. TO ELEMENTAL ZINC	10 MG	50
	FOLIC ACID (VIT B9)	2.5 MG	#
	% RDA calculated as per ICMR guideline sedentary female, # To meet condition specific requirement, * no RDA established		
3	CHOLECALCIFEROL GRANULES - VIT D3 SACHET	Clear size after fold - 50 mm x 65 mm	% RDA
	CHOLECALCIFEROL (AS STABILIZED)	60000 IU	#
	EXCIPIENTS	Q.S	
	% RDA calculated as per ICMR guideline sedentary female, # To meet condition specific requirement, * no RDA established		
4	MULTIVITAMIN, CARBOHYDRATES, AMINO ACID	Clear size after fold - 70 mm x 105 mm	% RDA
	TAURIN	500 mg	
	L-CARNITINE L-FUMARATE	300 mg	*
	INOSITOL	50 mg	*
	CAFFEINE	50 mg	*
	GINSENG EXTRACT	20 mg	*
	NIACINAMIDE	12 mg	100



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	ZINC SULPHATE	27.5 mg	100
	LYCOPENE 10%	5 mg	*
	VITAMIN B6	1.5 mg	75
	FOLIC ACID	0.1 mg	90
	CYNOCOBALAMINE	2 mcg	80
	% RDA calculated as per ICMR guideline sedentary female, * no RDA established		
5	ELECTROLYTE POWDER - ORS , ORANGE/LEMO	Clear size after fold - 90 mm x 105 mm	% RDA
	SODIUM CHLORIDE	2.6 GM	
	POTASSIUM CHLORIDE	1.5 GM	
	SODIUM CITRATE	2.9 GM	
	DEXTROSE (ANHYDROUS)	13.5 GM	
	EXCIPIENTS & FLAVOUR	Q.S.	