



CAPSULES

NO.	RAW MATERIAL	CONTAINS	%RDA
1	PRE & PROBIOTICS CAPSULE	3 x 10 blister/alu "size 0"	
	EACH HARD GELATIN CAPSULE CONTAINS :		
	LACTOBACILLUS ACIDOPHILUS UBLA-34	2.0 BILLION CFU	*
	LACTOBACILLUS RHAMNOSUS UBLR-58	2.0 BILLION CFU	*
	LACTOBACILLUS REUTERI UBLRU-87	2.0 BILLION CFU	*
	LACTOBACILLUS PLANTARUM UBLP-40	1.0 BILLION CFU	*
	LACTOBACILLUS CASEI UBLC-42	1.0 BILLION CFU	*
	LACTOBACILLUS FERMENTUM UBLF-31	1.0 BILLION CFU	*
	BIFIDOBACTERIUM BIFIDUM UBBB-55	1.0 BILLION CFU	*
	TOTAL COUNT :	10 BILLION CFU	*
	FRUCTO OLIGOSACCHARIDE	100 MG	*
	% RDA calculated as per ICMR guideline sedentary female, * no RDA established		
2	B-COMPLEX WITH VITAMIN C AND BIOTIN C	10 x 10 Alu alu "size 1" or "0"	%RDA
	ZINC SULPHATE MONOHDRATE	27.5 MG	100
	VITAMIN B1	10 MG	#
	VITAMIN B2	10 MG	#
	NIACINAMIDE (VIT B3)	50 MG	#
	CALCIUM PANTOTHENATE (VIT B5)	5 MG	100
	VITAMIN B6	3 MG	90
	BIOTIN (VIT B7)	5 MG	#
	FOLIC ACID (VIT B9)	1 MG	33
	VITAMIN B12	5 MCG	200
	VITAMIN C	25 MG	30
	% RDA calculated as per ICMR guideline for sedentary female,* no RDA established, # To meet condition specific requirement		
3	CARBONUL IRON CAPSULE PELLETS	10 x 10 Alu alu "size 1 & Size 0 "	%RDA
	CARBONYL IRON	100 MG	92
	VITAMIN C (COATED)	50 MG	55
	FOLIC ACID	1 MG	#
	CYNOCOBALAMIN	15 MCG	#
	ZINC SULPHATE	61.8 MG	110
	% RDA calculated as per ICMR guideline for sedentary female,* no RDA established, # To meet condition specific requirement		



4	ALPHA LIPOIC ACID AND MULTIVITAMIN CAPSULES	"Size 0" 10 X 10 alu/blister	%RDA
	RAW MATERIAL	100 MG	*
	METHYLCOBALAMINE	1500 MCG	#
	FOLIC ACID	1 MG	#
	VITAMIN B1	10 MG	#
	VITAMIN B6	3 MG	90
	% RDA calculated as per ICMR guideline for sedentary female,* no RDA established, # To meet condition specific requirement		
5	BETA CAROTINE, MULTIVITAMIN & MULTIMINERAL CAPSULES	"Size 0" 10 X 10 alu/blister	%RDA
	BETA CAROTINE(AS 10% DISPERSION)	10 MG	
	VITAMIN A (AS ACETATE)	2500 I.U.	80
	VITAMIN E 50%	10 MG	100
	THIAMINE MONONITRATE	2 MG	100
	RIBOFLAVIN	3 MG	99
	PYRIDOXIN HCL	1.5 MG	95
	CYANOCOBALAMIN	2.5 MCG	99
	FOLIC ACID	0.3 MG	95
	FERROUS FUMARATE	90 MG	100
	ZINC SULPHATE	20 MG	90
	COPPER SULPHATE	0.5 MG	25
	MANGANESE SULPHATE	0.5 MG	12.5
	POTASSIUM SULPHATE	2 MG	3
	POTASSIUM IODINE	0.1 MG	3
	DICALCIUM PHOSPHATE	20 MG	*
	SELENIUM DIOXIDE	70 MCG	150
	% RDA calculated as per ICMR guideline for sedentary female,* no RDA established, # To meet condition specific requirement		
6	GINSENG EXTRACT WITH MULTIVITAMINS & MULTIMINERALS CAPSULES	"Size 0" 10 X 10 alu/blister	%RDA
	GINSENG EXTRACT	42.5 MG	
	VITAMIN A(AS ACETATE)	5000 I.U.	200
	VITAMIN D3	400 I.U.	75
	VITAMIN B1	10 MG	#
	VITAMIN B2	10 MG	#
	NIACINAMIDE	50 MG	#
	CALCIUM PANTOTHENATE	10 MG	200
	VITAMIN B6	2 MG	99
	FOLIC ACID	1.5 MG	#
	VITAMIN B12	5 MCG	100



	VITAMIN E	20 MG	100
	MAGNESIUM OXIDE	80 MG	30
	COPPER SULPHATE	2 MG	100
	MANGANESE SULPHATE	2.8 MG	60
	ZINC SULPHATE	100 MG	200
	LACTOBACILLUS SPOROGENS	60 MILLION	*
	% RDA calculated as per ICMR guideline for sedentary female,* no RDA established, # To meet condition specific requirement		
7	IRON WITH VITAMIN C & B-COMPLEX CAPSULES	"Size 0" 10 X 10 alu/blister	%RDA
	CARBONYL IRON	100 MG	100
	VITAMIN B1	10 MG	#
	VITAMIN B2	10 MG	#
	NIACINAMIDE (VIT B3)	50 MG	#
	CALCIUM PANTOTHENATE (VIT B5)	5 MG	100
	VITAMIN B6	3 MG	100
	BIOTIN (VIT B7)	5 MG	#
	FOLIC ACID (VIT B9)	1 MG	#
	VITAMIN B12	5 MCG	180
	VITAMIN C	25 MG	30
8	LACTIC ACID BACILLUS PRE PROBIOTICS CAPS	"Size 0" 10 X 10 alu/blister	%RDA
	LACTIC ACID BACILLUS	120 MILLION	*
	* no RDA established		
9	IRON WITH FOLIC AND VITAMIN B12 CAPSULES	"Size 0" 10 X 10 alu/blister	%RDA
	FERROUS FUMARATE	300 MG	100
	DCP	300 MG	30
	VITAMIN B6	1.5 MG	90
	VITAMIN C	25 MG	30
	FOLIC ACID	1 MG	#
	CYANOCOBALAMINE	7.5 MCG	190
	ZINC SULPHATE	66 MG.	150
	% RDA calculated as per ICMR guideline for sedentary female,* no RDA established, # To meet condition specific requirement		